

Do You Know Your Moo?

Name: _____

Beef Cuts

1. What is the difference between a primal and a subprimal cut? (Use the Beef Cuts graphic for help if needed.)
2. All lean beef cuts have less than how many grams of total fat?

Beef Breeds

1. _____ and _____ angus cattle are popular among farmers for their good mothering traits and producing high-quality meat.
2. Besides the two color variations of Angus, what are the other cattle breeds discussed? (Hint: There are three.)

Beef By-Products

1. The majority of by-products listed on the infographic are derived from which part of cattle?
2. Which by-product surprised you the most to find out it's made from cattle?

Grass-Finished & Grain-Finished

1. Is most beef raised grain- or grass-finished?
2. True or False: Both grain- and grass-finished cattle may or may not be given FDA-approved antibiotics to treat, prevent or control disease and/or growth-promoting hormones.

Beef Life Cycle

1. How many stages of the beef life cycle are there?
2. At what stage do calves transition from a diet of mostly milk, to eating a variety of grasses, hay and other plant-based feeds?